



Would you know what to do in an emergency?

Free CPR and Defibrillator Training

Calling all Community Groups and Businesses.



Over 50% of people have never had any training on how to do CPR or use a defibrillator.

If you are a member of a community group and would like to arrange a session with our help:

Email: ronnie.dick@emas.nhs.uk

***FREE CPR Sessions from
East Midlands Ambulance Service***